

# get TESTED FOR GLAUCOMA

Glaucoma is a disease of the optic nerve of the eye, which is basically the structure that relays what the eye sees to the brain. If left untreated, continued damage to the optic nerve may gradually lead to peripheral (side) vision loss - that usually not noticeable until the condition is in its later stages, when finally visual impairment (noticed as foggy/cloudy vision), and in some cases blindness may occur

## the FACTS

Every one in 200 people aged 40 have glaucoma, which rises to one in eight by aged 80.

The most vulnerable include:



ELDERLY



WOMEN



ETHNIC MINORITIES



INDIGENOUS PEOPLE

Family members of those with glaucoma have 4-8x greater risk of getting glaucoma themselves

Glaucoma is the most common cause of irreversible blindness

In many cases, glaucoma may be asymptomatic, meaning it shows no symptoms; half of those living with glaucoma are unaware that they are affected

It's important to have regular eye exams. Glaucoma does not have a cure, but it can be controlled. With proper treatment, vision loss can be slowed or prevented.

The high-rate of glaucoma is largely attributed to subjective factors including:

- NON-COMPLIANCE
- LATE PRESENTATION
- LACK OF KNOWLEDGE
- HIGH SEVERITY AT TIME OF DIAGNOSIS

there is no CURE

# 78 million have glaucoma

**111.8 million** are predicted to have glaucoma by 2040

**90%** of glaucoma is undetected in developing countries

**1 billion** have no access to eye-care, due to unfair distribution

## KNOW WHEN TO GET CHECKED

Because, the **EARLIER** the diagnosis, the less damage will be done and the more vision will be saved!

**BEFORE AGE 40** every 2 - 4 years

**FROM 40 - 60** every 2 - 3 years

**AFTER 60** every 1 - 2 years

## World Glaucoma Week March 12 - 18, 2023

World Glaucoma Week is a global initiative of the World Glaucoma Association (WGA) to raise awareness on glaucoma. It includes a series of global activities alerting people to have regular eye and optic nerve checks to detect glaucoma earlier, thus preserving sight.

### What is the World Glaucoma Week trying to do?

Globally alert people to have regular eye checks & detect glaucoma earlier

Increase glaucoma awareness

Increase global accessibility to knowledge and eye-care

**Ultimate goal:**  
PRESERVE SIGHT GLOBALLY

# The world is bright, save your sight

#gettested #glaucomaweek

[www.worldglaucomaweek.org](http://www.worldglaucomaweek.org)