

Start	End	Duration	Action	Who	Role
15:55			ALL: STANDBY		
15:59	16:00	00:01	Voice that announces start		
16:00	16:02	00:02	Videos of sponsors		
16:02	16:06	00:04	Short video of WGA activities + WGC-2021		
16:06	16:09	00:03	WGA and intro of Moderator	Fabian Lerner (Argentina)	Speaker
16:09	16:11	00:02	Moderator introduces each of the Chairs	Robert N. Weinreb (USA)	Moderator
16:11	16:12	00:01	Introduction Fotis Topouzis (Greece)	Ana María Vásquez (Ecuador)	Chair
16:12	16:20	00:08	Presentation: Blood pressure - too high or too low?	Fotis Topouzis (Greece)	Speaker
16:20	16:21	00:01	Introduction Jonathan Crowston (Singapore)	Parul Ichhpujani (India)	Chair
16:21	16:29	00:08	Presentation: Exercise - what type and how much?	Jonathan Crowston (Singapore)	Speaker
16:29	16:44	00:15	DISCUSSION	2 speakers and all chairs	
16:44	16:45	00:01	Introduction Tanuj Dada (India)	Ana María Vásquez (Ecuador)	Chair
16:45	16:53	00:08	Presentation: Any value to Yoga and meditation?	Tanuj Dada (India)	Speaker
16:53	16:54	00:01	Introduction Xiulan Zhang (China)	Parul Ichhpujani (India)	Chair
16:54	17:02	00:08	Presentation: Other factors increasing IOP	Xiulan Zhang (China)	Speaker
17:02	17:12	00:10	DISCUSSION	2 speakers and all chairs	
17:12	17:13	00:01	Moderator introduces Santen & speakers	Robert N. Weinreb (USA)	Moderator
17:13	17:33	00:20	Sponsored mini-symposium	Santen	
17:33	17:35	00:02	Q&A, moderator thanks Santen	Robert N. Weinreb (USA)	Moderator
17:35	17:36	00:01	Moderator introduces Chair	Robert N. Weinreb (USA)	Moderator
17:36	17:37	00:01	Introduction Hitomi Saito (Japan)	Sameh Mosaed (USA)	Chair
17:37	17:45	00:08	Presentation: Coffee and tea: are they safe?	Hitomi Saito (Japan)	Speaker

17:45	17:46	00:01	Introduction Louis Pasquale (USA)	Sameh Mosaed (USA)	Chair
17:46	17:54	00:08	Presentation: Nutrition and diet	Louis Pasquale (USA)	Speaker
17:54	17:55	00:01	Introduction Jiun Do (USA)	Sameh Mosaed (USA)	Chair
17:55	18:03	00:08	Presentation: Recommend supplements?	Jiun Do (USA)	Speaker
17:54	18:09	00:15	DISCUSSION	3 speakers and all chairs	
18:03	18:04	00:01	Introduction Henry Jampel (USA)	Sameh Mosaed (USA)	Chair
18:04	18:08	00:04	Presentation: Marijuana: good or bad?	Henry Jampel (USA)	Speaker
18:08	18:16	00:08	DISCUSSION	1 speakers and all chairs	
18:16	18:19	00:03	Closure	Robert N. Weinreb (USA)	Moderator
18:19	18:22	00:03	Final remarks and invitation to next Webinar	Fabian Lerner (Argentina)	Speaker